

# Free introductions

Come for a free tai chi session and give it a try yourself !

Contact us by phone or email for details on locations and times:

[j.m.verduyn@planet.nl](mailto:j.m.verduyn@planet.nl) / 06 44570694.

## Classes:

### The Hague

Wednesday 7pm-8pm

Gym Lyceum Zandvliet (entrance left side of building)

Bezuidenhoutseweg 40

2594 AW Den Haag

**NOTE: we are temporarily using a different location from April 17 to June 12, please contact us for details!)**

### Leiden

Tuesday 7.45pm-8.45pm

Bachstraat 101

2324 GA Leiden

### Almere

Tuesday 7pm-8pm

Gym Makassarweg 60

1335 HZ Almere Buiten