

健身



Kin San Tai Chi



## Transition from External to Internal

*\* The journey continues \**

### May 2-4

Three day Tai Chi workshop with Patrick Leung from Canada

Patrick will focus mainly on Eight Brocades Qigong, Don Yu, Tor Yu and Pushing Hands.  
Open to practitioners of all levels



#### Hosted by Kin San Tai Chi Academy

**Location:** Gym school 'De Zonnewijzer', Rijnlandstraat 159, 2265 Leidschendam/Netherlands

**Times:** All days 9.30 am-4.30 pm

**Cost:** 3 days €125 / 2 days €85 / 1 day €45 (lunch included)

**Accommodation:** With members if available or arrange your own

**Registration:** Send email to [j.m.verduyn@planet.nl](mailto:j.m.verduyn@planet.nl) or call 00 31 644570694



#### Patrick Leung

Patrick started studying the external martial arts at age 15. These studies included Tame Tiger fist set, twin blades saber, and long staff. In 1983, Patrick started his studies of Taoist Tai Chi and internal martial arts with the late Master Moy.

Patrick's enthusiasm and dedication to the learning of these Taoist arts resulted in him being asked by Master Moy to provide translation for many of his classes at different locations.

Patrick taught Tai Chi after work programs, as well as many after school programs in the greater Toronto area in Canada. While working in China for many years, Patrick continued his study of the internal martial arts with local masters in Wuhan, GuangZhou and Hong Kong. Patrick holds a 2nd degree black belt in Taekwondo, and was a visiting Taekwondo instructor in an ITF Taekwondo school in Wuhan, China. Patrick has also participated as referee and judge in many Taekwondo tournaments. Patrick continues his dedication to the internal martial arts and is currently teaching - mainly Taoist Tai Chi form and Lohup - in Ontario/Canada.